**ESTUDO DIRIGIDO**

**EXAME ORTOPÉDICO**

1. A anamnese da consulta ortopédica deve sempre pesquisar o local da lesão, quando ela começou e suas características. Cite três outras perguntas essenciais para melhor compreensão do quadro clínico:

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1. Diferencie dor irradiada de dor referida:

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1. Quais aspectos devem ser analisados durante a palpação no exame ortopédico?

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1. O teste de Phalen é amplamente utilizado para detectar síndrome do túnel do carpo. Explique como ele é realizado e qual resultado é considerado positivo:

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1. O que o teste de Tredenlemburg avalia?

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1. Diferencie osteoartrose de quadril de bursite trocantérica:

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1. Em relação às lesões do joelho:
2. Cite as principais causas de dor nessa região:

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1. DESCREVA um teste para identificar cada um dos seguintes sítios de lesões: Menisco, ligamento cruzado anterior e patela:

LESÃO MENISCAL: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_LIGAMENTO CRUZADO ANTERIOR: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PATELA:

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1. O que é neuroma de Morton? Como é realizado o teste para sua identificação?

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